



NHS Doncaster CCG
Governing Body 5 September
2019

Hello

I am Kai

I am 7 Years Old

I am very clever and
“happy if left to my
own devices”

I want to tell you *MY*
story



I love
Mario
Minecraft,
You Tube
and
technology

This is about me



Doncaster
Clinical Commissioning Group

- I have Asthma that is managed well
- I have some other problems and go to see the Continence Nurses
- My biggest problem is my Autism and I might have (PDA) Pathological Demand Avoidance, both of these cause big problems for me and my family.
- I am upset by every day demands, I will kick, bite, scratch, hair pull, throw things and be verbally aggressive.

My Family

- I live with my Dad and my Mum- Olivia
- My Mum is a member of Parent Voice and a parent champion for Young Minds
- I have a sister and a brother, they both have a number of difficulties including a diagnosis of Autism. Jack goes to University, Melissa is 17years old and lives at our house
- My Grandad and Grandma are very helpful but lately they are finding my behaviour difficult

My Journey

- My Mum was worried about me from being 6 weeks old, she visited the GP on more than one occasion
- When I was 2 years old I was referred to a Paediatrician and then the Social Communications Pathway and I received my diagnosis of Autism aged 3 years
- I did get some support from the Autism Practitioners but that service stopped
- I had Short Break provision 5 hours per week from being 4 years old (delay in this service)

- I went to a supportive Nursery and school and had fulltime 1:1 support
- I would talk to myself, I would bang my head and I was violent and aggressive. My GP did not know where to refer me
- I was easy to manage as I was small
- My mum was worried again and consulted my Paediatrician who referred me to CAMHS(Oct 2017)
- I did not see anyone from CAMHS and in November 2017 I my aggression changed and I “shut down”
- A further request was made for CAMHS but they said I should have a Brain Scan first

From December 2017

- CAMHS supported my school and came to meetings at school.
- February 2018 I had help with my emotional intelligence from CAMHS
- In March I refused to go to school and said I wanted to die. My Mum spoke to the school SENCO who suggested I might have PDA
- My Mum read more about PDA, she felt that it described me well

- My Mum rang CAMHS (PDA is not on the DSM5 Diagnostic and Statistical Manual of Mental Disorders)
- March 2018- CAMHS Home visit “Kai fits a Demand Avoidance profile”
- In July 2018 I was found with a cord round my neck-I was out with my Short Break Worker – I did not see anyone from CAMHS
- My GP asked for a referral to be made to the Elizabeth Newton Centre for an assessment-The IFR for this assessment has been refused 3 times
- September 2018 CAMHS Report –My problems are Autism
- In December 2018 I got very upset at the theatre and ran into cars on the street and said I wanted to be dead-CAMHS supported school

My Mum's views

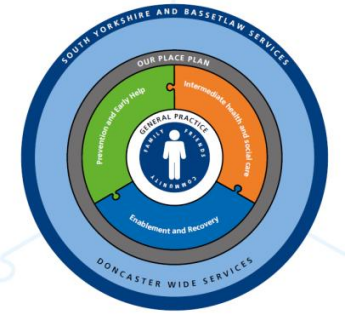
- My Mum wants me to have an assessment as she feels my diagnosis would help people support me
- My Mum emailed Emily Reseigh, then met Emily who has helped me and my mum
- Emily “took responsibility for Kai and his needs”
- I am going to a new school in September in Wakefield(daily)and my mum and me are happy about this

What has gone well

- Supportive school- recognition of needs, they have been on the journey with Kai and his family
- Kai had a supportive Paediatrician
- The referral to the Social Communications Pathway went well, timely diagnosis of ASD
- Short Break worker supportive
- Support from Emily Reseigh

What would improve this journey

- People listening
- More timely responses-delay in Short Break referral
- Parents not feeling blame
- Increased knowledge/skills of professionals
- Training for parents/families
- Support from CAMHS



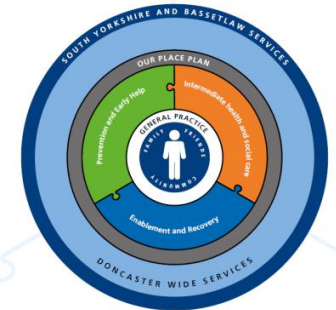
Starting Well

Commissioning Delivery Plan Update April 2019

Lee Golze

Head of Strategic Commissioning

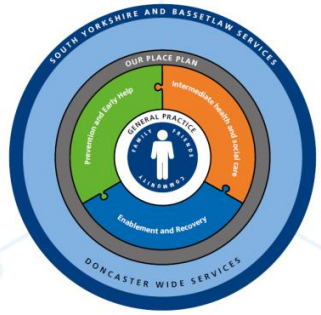
Young Advisors



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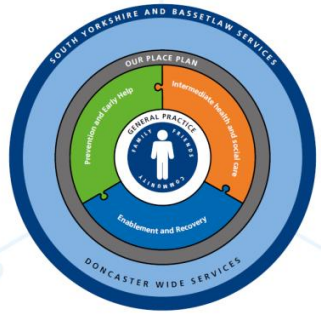


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Executive Summary

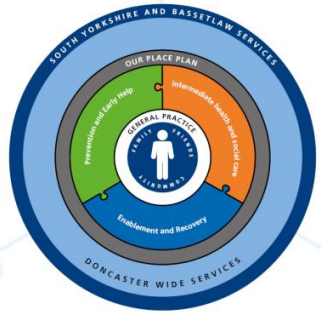
- Starting Well is the term for all children, young people and maternity services.
- For the first time we have a joint commissioning delivery plan (The Council, Clinical Commissioning Group & Children's Trust)
- **For the most parts progress has been positive with the majority of areas being at least as expected.**
- Zero admissions have been made into an acute mental health setting for young people with learning disability and/ or autism for 17 months. The Doncaster approach is being cited as National best practice
- The Trailblazer is progressing well and draft branding has been developed with Young People and Young Advisors



Areas of Progress



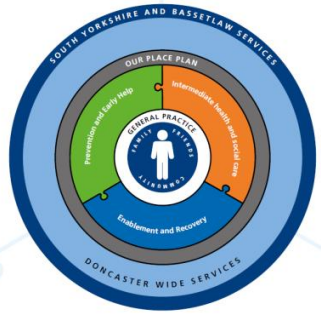
- 1,001 days and Vulnerable Adolescents business cases.
- Local Transformation Plan, Quarter 4 Feedback – Fully Confident rating provided by NHSE
- SEND Inspection Findings
- Doncaster Children's Services Trust
- Future Placements Strategy



Areas of Focus

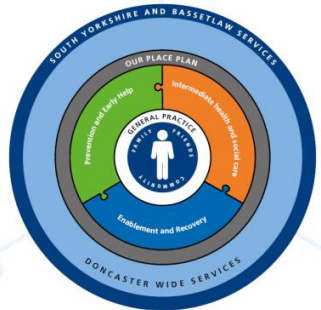


- Children's community nursing review and new service specification.
- Reduce the waiting times for the ADHD Pathway
- Local Transformation Plan Refresh/Youth friendly version
- Procurement of the post diagnostic support service for children diagnosed with autism and their families
- Developing the Workforce



Points of Interest

- Only area in the country to receive four consecutive green ratings from the NSPCC when LTPs were audited
- Looked After Children's Mental Health Assessment Pilot
- Young Advisors Service



Questions

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