

Factors	Minimal.	Low.	Medium.	High.	Very High.
Acute illness/ investigations	Minimal/ no intervention.	Self-caring with advice, monitoring or low level of community based treatment.	Out of or recovering from acute phase/ fit for discharge. Monitoring of acute illness and interventions as required in a community bed or at home. Requires further investigations/ tests as an outpatient.	Regular interventions Requires investigations/ tests/ treatment as an inpatient in acute bed.	Frequent acute interventions/ full support. Requires surgery.
Long term conditions/ Chronic Illness	Minimal/ no Intervention	Self-caring with advice and monitoring. Mostly stable	Monitoring of chronic illness and interventions as required. Recent exacerbation/ deterioration still recovering.	Regular interventions – one person. Unstable. Very complex needs.	Frequent interventions Full Support- two people
Life limiting illness	Requires support but self-caring.	Monthly support to patient and family on GSF register.	Weekly support to include psychological support/ symptom control.	Daily DN intervention plus personal care for 2 weeks.	EOL pathway intervention full DN intervention
Pressure area/wound care	None	Redness. Checked at each visit/assessment for pressure relief. Intact. Waterlow/ walsaw score indicates at risk.	Skin broken, simple intervention or dressing. Grade1/monitoring of equipment. Surgical wound still healing. Very high risk of pressure sores.	Average wound Grade 2/review of equipment 6 monthly. Tissue viability advice maybe required.	Complex wound Grades 3-4. Specialist assessment/ intervention required.
Pain/Symptom control	No intervention needed	Copes well with analgesia/ self-monitoring.	Advice monthly monitoring/support. Prescribed patches. Needs review of pain/ symptoms. Pain limiting function. Struggling with some side effects of pain relief.	Advice daily and support. Advise re oral medication and symptom relief. Pain difficult to manage.	Syringe Driver/or other pain relieving im intervention
Breathing	No needs, breathing normal.	Some breathlessness or respiratory illness, copes well with advice and monitoring.	Breathing problems affect mobility and activity tolerance. Regular monitoring, interventions as required. Manages with telemedicine.	Breathing problems restrict mobility and exercise tolerance, SOB at rest, needs regular interventions and support e.g. intermittent Oxygen therapy.	Breathing problems mean patient is unable to mobilise. Constant Oxygen therapy required.
Elimination (bladder, bowel & continence)	Continent No care needs.	Irregular bowels but self-managing. Occasional incontinence but self-managing. May require assessing/subsequent bladder management or supply pads.	Requires weekly support to enable self-care of ostomy/ bowels. Frequently incontinent of urine. Monitoring self-caring with catheter. Minimal problems. Catheter changes. Catheter advice.	Constipation/diarrhoea needs supplies/ advice/monitoring. Patient has infection/treatment required. Doubly incontinent.	Requires regular intervention. Uncontrolled bowels. Incontinence or unplanned intervention for catheter care, on-going investigation.
Nutrition	No needs	Occasional support. Diabetic diet- self managing. Poor appetite, build up drinks.	Requires referral/advice/referral to dietician. Weight loss noted. Needs prompts to maintain nutrition.	Requires regular monitoring/ intervention. Nutritional plan. Unstable	Administration of and monitoring of Enteral feeds
Feeding + Drinking	Independent.	Needs some equipment to feed independently (adapted cutlery etc). Occasional monitoring.	Needs verbal prompts, encouragement. Modified diet. Regular monitoring.	Needs some physical assistance at all meals.	Fully dependant.
Medication	Self-medicating	Copes with aids minimal support. Independent with NOMAD.	Requires prompting and monitoring.	Dependent upon others/daily intervention by nurses.	Dependent upon others more than once day.
Cognition/ Memory	Lucid fully functioning/co-operative.	Mildly confused/ occasionally forgets but able to engage conversation and interventions with explanation and encouragement.	Requires some monitoring/ support for confusion/ memory problems/ perceptual problems. Or needs formal assessment. Requires regular explanations and reminders. Unable to engage in interventions without support.	Frequent episodes of severe confusion. Significant memory problems. Disorientated in time & place. Needs frequent reminders, explanations and reassurance. Difficulties engaging in conversation and interventions.	Severe memory problems/ confusion. Unable to follow instructions. Resists intervention/ non concordant. Requires constant supervision.
Mental Health (incl psychological and behavioural needs)	Mood stable. No current concerns about mental health.	Occasional low mood/ mild anxiety symptoms with limited impact on functioning. Low level emotional/ psychological support required- social prescribing/ counselling/ self- help OR Existing mental health diagnosis currently self-managing with occasional monitoring.	Symptoms of depression and/ or anxiety present, requires medication and/ or psychological therapy. Having an impact on some aspects of day to day life OR Existing mental health diagnosis- stable but requires on-going treatment, support and regular monitoring.	Mental health affecting ability to carry out day to day activities/ Symptoms causing significant distress. Requires assessment and intervention from secondary mental health services. Existing mental health condition unstable. Occasionally aggressive/ verbally abusive	High level of distress. Acute mental health needs. Symptoms affecting all aspects of daily life. Behaviour is putting them or others at risk. Frequent aggression possible threat of physical aggression.
Communication (speech, hearing & sight)	Lucid fully conversant. No concerns about hearing or vision.	Mild communication/language barriers. Problems with hearing/ vision but independent with aids and adaptations and occasional monitoring.	Requires constant explanations. More time required to check understanding or to find right words. Needs support with some activities due to visual/ hearing impairment.	Has difficulty in conversing on a basic level- written and verbal. Dependant on others daily due to significant visual/ hearing impairment	Unable to communicate. Fully dependant on others due to visual/ hearing impairment.
Mobility	Fully Ambulant	Mobile with walking aid indoors. Uses self-propelling wheelchair independently. Self manages their limited mobility.	Needs supervision or minimal assistance. Requires assessment or intervention to improve mobility.	Cannot mobilise without the physical assistance of one person and/ or equipment (e.g. attendant propelled wheelchair)	Mainly bed/ chair bound
Transfers	Independent bed to chair	Can transfer bed to chair or on/ off toilet independently using equipment/ with adapted furniture.	Needs verbal prompts or physical assistance of 1 person with transfers.	Assistance of 2 people and/ or equipment. Has some sitting balance.	Unable to sit. No sitting balance.
Personal Hygiene	No Dependency	Some difficulties with personal care but managing with adaptation, equipment or informal arrangements. Can wash and dress but needs assistance to bath/ shower.	Needs some practical assistance with washing and dressing and other personal care tasks. Needs prompts with personal care.	Needs full support with washing and dressing.	Bed Bath, Carer(s)
Home environment	Home environment stable.	Home environment appropriate to needs with equipment in situ.	Requires housing support/ advice to maintain or adapt housing. Needs assessment of home environment.	Unstable housing situation/ Inappropriate accommodation. Needs rehousing.	No suitable housing/ homeless.
Domestic activities (incl meal preparation)	No support needs.	Coping with domestic activities with support from family or friends, private cleaner or other informal arrangements.	Needs formal support with domestic activities once a day.	Needs formal support with domestic activities more than once a day.	Fully dependant for all domestic activities.
Social needs (incl safeguarding/ risk)	Social situation stable. Might benefit from signposting to social activities/ voluntary & community sector support.	Social situation stable. At risk of social isolation. May need support to access social activities/ social prescribing.	Needs some support/ monitoring of social situation. Vulnerable. Unable to access social activities without assistance.	Concerns about social situation. Potential safeguarding/ risk issues. Needs formal assessment.	Very complex social situation. Safeguarding/ risk issues identified.
Support for informal Carer(s)	Has informal carers - no needs.	Informal carer needs reassurance, informal support.	Anxiety expressed/ on-going concerns. Formal carer assessment or support required.	Struggling. Needs constant reassurance. Own health needs having an impact on ability to provide care.	Unable to cope. Requires own care package.