

The Doncaster Place Plan – Summary Version

Introduction

The Social Care and Health Community in Doncaster has come together to make a new plan to help people stay healthy and live in their own home for as long as possible. These organisations share the same vision of the future and this is contained within the Doncaster Place Plan.

This is the first time these organisations have come together and created a shared vision and this is good news for Doncaster and people who live here. We have described our focus for the next five years from 2016 – 2021. We want to help you stay healthy and keep you out of hospital. We also want to provide more services closer to where you live.

We know that lots of things affect your health and well-being. Having a job, living in a safe area and being able to use good quality public services all has an impact on your health. We need to make sure Doncaster residents have good qualifications to gain jobs and earn money. Having money gives you more choice about where you live and the food you eat. Not having enough money to live on makes you anxious and can make you ill. At the same time, the air we all breathe can cause health problems if it is not clean, and that is why we care about our environment. Our Place Plan combines all the work our partners have already done to set out how they will help people lead healthy lives. And we want to work with you to help you make the right decision to stay active, healthy and out of hospital.

Why are we working together?

Working together is good for everyone. It means we can share ideas, see what works and come up with ways of working which save money and give you the best results.

Our partners across South Yorkshire and Bassetlaw have just published a ‘Sustainability and Transformation Plan’ (STP) – this covers a much bigger area than just Doncaster, but sets the scene and provides the overall way of working that we use for our Place Plan. It’s all about making the best use of the services we have and helping to keep ourselves healthy so we don’t need to go to hospital.

We look at three main areas in our Place Plan and these are:

1. Early Help and Early Intervention
2. Integrated Intermediate Health and Social Care and
3. Enablement and Recovery Services

These are explained in more detail below. All three areas will help people to have a better, healthier life and to stay out of hospital and at home as long as possible.

Early Help and Early Intervention

We want everyone in Doncaster to have a healthy start in life, and to continue to have good health into and throughout adulthood. We will do this by working with you to help you become more healthy, to understand the difference a healthy lifestyle makes and support you to prevent illness and long-term conditions, where we can. We want to help you stop smoking and make sure children

never start. We will work with a wide range of agencies across Doncaster to do this and we will make sure that there is local help and support in your community to provide all the information and encourage you to make good healthy lifestyle decisions, every day.

Integrated Intermediate Health and Social Care

This section of our plans looks at how we can better combine health with social care. This type of care can be provided by family members as carers and also by paid carers, for example, who help people who need special support to undertake normal, everyday tasks, such as getting dressed and washed. This means that people can live independently, in their own homes, for longer. When people have the right type of support in place they can continue to live at home and this is very important to them. This is the very first time that people who provide health and social care have come together to look at how to provide better support for people to remain in their own homes and in their local communities, for as long as possible.

Enablement and Recovery Services

This refers to the services which people need after they have been in hospital and before they are well enough to go home. We want to provide this care in the community, as close as possible to where people live. This makes it easier for family and friends to visit their loved ones and helps us to manage long-term conditions. We want to make sure all the services we provide are of the highest quality. This will help us to make more beds available in hospital for people who need to be in hospital. Doctors and nurses treat patients in hospitals and also in the community. These services include out-patients, district nurses and therapies as well as services which diagnose conditions, support for people with mental health conditions and learning disabilities.

How will we know if this Plan is working?

At the moment, we know that in some parts of Doncaster, people do not live as long, on average, as people do in other parts of the country. How long a person lives is the result of lots of different things, but we know that being healthy, having money and somewhere to live, within a community which we feel we belong to, all has an important impact on our health and well-being and how long we live. We will know this plan is working because we will be able to record an improvement in how long people in Doncaster live.

We also know that we need to support staff across our different organisations and help them develop a new range of skills to support the growing numbers of older people and help them to live independently and healthily. As we get older, we may need help to stay living at home for as long as possible. Our Plan will be working when we can see that there are more people remaining living in their own homes, managing their health better and staying out of hospital. This will cost us less money and so there will be more money available for people who need it.

We will also be able to show that less people in Doncaster smoke, are overweight or do not take enough exercise. By making small changes to things we do, every day, we can help make a big difference to our health in Doncaster. When we meet members of the public they will be able to tell us that they feel healthier and their local community is stronger as a result. You will see an improvement in your own health and that of your family and you will be pleased with the services you and your family receive.